

Mount Olive Life Guide

April 6-8, 2024

John 20:19-31: On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jewish leaders, Jesus came and stood among them and said, “Peace be with you!”²⁰ After he said this, he showed them his hands and side. The disciples were overjoyed when they saw the Lord.

²¹ Again Jesus said, “Peace be with you! As the Father has sent me, I am sending you.”²² And with that he breathed on them and said, “Receive the Holy Spirit.”²³ If you forgive anyone’s sins, their sins are forgiven; if you do not forgive them, they are not forgiven.”²⁴ Now Thomas (also known as Didymus^[a]), one of the Twelve, was not with the disciples when Jesus came. ²⁵ So the other disciples told him, “We have seen the Lord!”

But he said to them, “Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, I will not believe.”

²⁶ A week later his disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, “Peace be with you!”²⁷ Then he said to Thomas, “Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe.”

²⁸ Thomas said to him, “My Lord and my God!”

²⁹ Then Jesus told him, “Because you have seen me, you have believed; blessed are those who have not seen and yet have believed.”

³⁰ Jesus performed many other signs in the presence of his disciples, which are not recorded in this book. ³¹ But these are written that you may believe^[b] that Jesus is the Messiah, the Son of God, and that by believing you may have life in his name.

1. Other than a message from God’s Word, have you ever received news that seemed too good to be true and you struggled to believe it?
2. Long before that first Easter, what are examples from the Bible of how Satan used doubt as a powerful weapon in tempting God’s people?

3. What are examples of doubts that Christians face today?
4. Why is doubt one of Satan’s most effective weapons?
5. Why is dangerous to connect our faith in Jesus to his ability to perform miracles?
6. What are examples from your past that prove to you that God keeps his promises?
7. Do you have any examples where something that happened at the time made you question Romans 8:28 (We know that in all things God works for the good of those who love him) yet now you say, “I see now what God was doing”?
8. Why is Jesus’ resurrection such an important part of our Christian faith?
9. What is the best antidote for spiritual doubt?