

# LET'S GO

LOVE · LISTEN · LEAD

## LISTEN · LESSON 1

### VIDEO SEGMENT 1

As you watch the video, jot down examples of when Jesus was lovingly “present” with people:

What are the components of Ethical Dialogue mentioned by Professor Paustian?

- 1)
- 2)
- 3)
- 4)



### BREAKOUT SESSION

Which of the qualities of Ethical Dialogue challenge you most when you are in strong disagreement? Why?

### VIDEO SEGMENT 2



### BREAKOUT SESSION

1. Discuss what gentleness might sound like when talking to a skeptical unbeliever.
2. Discuss what respect might sound like when talking to a skeptical unbeliever.

### VIDEO SEGMENT 3



#### BREAKOUT SESSION – BEING ON THE OTHER END

This is your opportunity to deeply reflect on or explore with other people the experiences you have had of being listened to well and on the people you have known who do it supremely well.

1. Describe the best listener you've known. Break it down as concretely as you can. What do they actually do? (For example, recall their non-verbal communication—the look on their face, their eye contact, their tone of voice, their pace, how they handled silences, their posture, their touch...?)

2. What do they say? —how they use their turn when it comes back to them, the things they notice and comment on about how you are talking, what you seem to be feeling, and what you are saying, the thoughtful questions they ask, the way they use your name...

3. What are the effects people achieve who present themselves and communicate in these ways? What can they accomplish in these ways that otherwise cannot be?

4. What do they do to you? Who do you become when you are around them? What do they bring out in you?

5. How do you feel about these people?

6. Why is true listening so rare? What gets in the way?

### VIDEO SEGMENT 4