



## Life Guide/Closer Look

applying God's Word to life

### Eat the Bread of Life

August 17-19, 2024

#### **John 6:35-51**

<sup>35</sup> Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. <sup>36</sup> But as I told you, you have seen me and still you do not believe. <sup>37</sup> All those the Father gives me will come to me, and whoever comes to me I will never drive away. <sup>38</sup> For I have come down from heaven not to do my will but to do the will of him who sent me. <sup>39</sup> And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. <sup>40</sup> For my Father's will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day."

<sup>41</sup> At this the Jews there began to grumble about him because he said, "I am the bread that came down from heaven." <sup>42</sup> They said, "Is this not Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I came down from heaven'?"

<sup>43</sup> "Stop grumbling among yourselves," Jesus answered. <sup>44</sup> "No one can come to me unless the Father who sent me draws them, and I will raise them up at the last day. <sup>45</sup> It is written in the Prophets: 'They will all be taught by God.' <sup>46</sup> Everyone who has heard the Father and learned from him comes to me. <sup>47</sup> No one has seen the Father except the one who is from God; only he has seen the Father. <sup>48</sup> Very truly I tell you, the one who believes has eternal life. <sup>49</sup> I am the bread of life. <sup>50</sup> Your ancestors ate the manna in the wilderness, yet they died. <sup>51</sup> But here is the bread that comes down from heaven, which anyone may eat and not die. <sup>52</sup> I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world."

1. What's the most important thing you do to maintain a healthy diet?

2. What is the significance of each part of Jesus' statement:

I am

the bread

of life

3. What comfort do you find in v. 37 and 39?

4. Why did the people "grumble" about Jesus in v. 41?

5. What theological truths are contained in v. 44?

6. In v. 47, wouldn't it be more accurate if Jesus had said, "the one who believes will have eternal life"?

7. What's the difference between "Bios" and "Zoe"?

8. Is Jesus referring to Holy Communion when he speaks about eating the living bread which is his flesh (v. 51)? Why/why not?

9. Why do you think God included this section in the Bible?